Monday

8:00 Fitness Walk 9:30 Basket Weaving, Chair Caning, & Crafts Class 10:00 Bible Study/Noah Bond 4:15 Tai Chi Class

Tuesday

8:00 Fitness Walk

9:00 Picture Framing 9:30 Crochet & Knit Class 12:00 Guitar Class 12:30 Chair Exercise; Picture Framing 1:00 Dance Class

Wednesday

8:00 Fitness Walk
9:15 Get Fit Stay Fit Class
9:30 Creative Pottery & Crafts Class
10:00 Advanced Piano Class
10:30 Arts & Crafts Class
11:00 Beginner Piano Class;
Computer Tutoring/E. Himber
12:30 Line Dance Class

Thursday

8:00 Fitness Walk
9:00 Tai Chi Class
9:30 Crochet & Knit Class;
Painting Group
11:00 Computer Tutoring/G. Freeman
12:15 Creative Writing Group
12:30 Chair Exercise

Friday

8:00 Fitness Walk 10:00 Bible Class/Rev. Willie Whitfield 12:00 Guitar Jam



Lewis Center for Senior Citizens 1188 N. Parkway Memphis, TN 38105 901-576-4255

FEBRUARY 2013

Monday	Tuesday	Wednesday	Thursday	Friday
	Bring "old" photo of you and your sweetheart to the Office for the 1st floor display case. All photos will be secure and returned.		Black History Month	1 8:30 Free Sausage & Biscuit 9:30 "Biggest Loser" Weight 10:00 Birthday Bingo 11:15 Birthday Celebration
1:00 AARP Chorus Practice 7:00 Dance - Jim Mahannah	5 8:30-3:00 Pedicures & Manicures 10:00 Tiger Blue Bingo 10:00 Band Practice	6 **User Survey Due 9:00-12:00 Nursing Students 10:00-11:00 BP/Linnie Neely 1:00 Tea Dance - Gary Abbott	7 9:00 Tai Chi Class/Dr. Li 10:00 Chorus Practice	8 10:00 Bingo
11 12:15 AARP Ex. Meeting 1:00 AARP General Meeting 6:00 N'hood Watch Meeting 7:00 Dance - Jim Mahannah **Valentine/Dress-up **Finger Food	12 10:00 Bingo 10:00 Band Practice 11:30 Red Hatters Dutch Treat	9:00-12:00 Nursing Students 10:00 Black History Program 1:00 Tea Dance - Jim Mahannah **Hoodie Hoo Fun	14 10:00 Hearing Aid Presentation 10:30 New Member Orientation 11:00-1:00 B-12 Shots 11:00 Computer Lab Orienta- Tion 11:15 Valentine Day Quiz	10:00 Bingo 12:30 Walkin' to New Orleans Party
Presidents' Day Center Closed	19 **Deadline 8:30-3:00 Pedicures & Manicures 9:30 Band to Ashton Place Rehab 10:00 Bingo	9:00-12:00 Nursing Students 9:30 Executive Committee 10:00 Senior Life Services 10:00 Advisory Council 1:00 Tea Dance -The Bankers	9:00 Chorus to Wesley Highland Terrace	22 ** Bake-off Deadline 10:00 Bingo
25 10:00 - 2:00 Shelby County Trustee 7:00 Dance - Gary Abbott	9:00-9:45 BP/Lillie Burns 10:00 Bingo	9:00-12:00 Nursing Students 9:00-1:00 IRS Tax Assistance 10:00 Bake-Off Contest 10:30 FREE Diabetes/BP Check 1:00 Tea Dance - Jim Mahannah	28 10:00 Chorus to Luther Terrace	March 1 10:00 Bingo 11:15 Birthday Celebration